



YAF YOUNG ATHLETES FORUM FOUNDATION

c/o FREDERIC KOEHN – CHEMIN DU STAND 6 – 1009 PULLY

www.YAF2017.org

Day	Time		Bloc	Topic	Speaker confirmed
THURSDAY 21.09.17	Start	End			
	13:30	14:45	Biological development and pathway to success		
	13:30	13:50		Biological Maturation and the Path to Success: Before and After the Fact	Bob Malina
	13:50	14:10		Talent development pathways	Jason Gulbin Australia
	14:10	14:30		Ethics of talent selection	CAMPORESI Silvia
	14:50	16:05	Training the young athlete		
	14:50	15:10		Resistance training during long term athlete development	Urs Granacher (Potsdam)
	15:10	15:30		The development of aerobic power in young athletes	MILLET Grégoire
	15:30	15:50		Training young athletes: challenges and opportunities	Marco CARDINALE
	16:05	16:35	BREAK		
	16:35	17:50	Coaching, parenting and development		
	16:35	16:55		From junior to Olympic (Lara GUT)	Patrick FLACTION
	16:55	17:15		Keep your athletes close and their parents closer: Working effectively with parents	SCHMID Olivier
	17:15	17:35		School and sport TBD	Urs WINCKLER?
17:50	19:00	APERO + posters in main hall			
19:10	20:30	Open to general public session with Swiss television RTS			TBD
FRIDAY 22.09.17	07:45	09:00	Injuries with the orthopedic surgeons		
	07:45	08:05		Osteochondral lesions	ACCADBLE Franck
	08:05	08:25		Knee ligament injuries in immature athletes	CHOTEL Franck
	08:25	08:45		The influence of athletic activities during growth on hip development	AGRICOLA Rintje
	09:00	09:30	BREAK		
	09:30	10:45	Overuse injuries		
	09:30	09:50		Back pain in young athletes	Liba SHEERAN
	09:50	10:10		Injuries and illnesses amongst young elite athletes – so healthy it hurts?	HOLM MOSEID Christine
	10:10	10:30		Long term sequelae of youth overuse injuries	Mark BATT
	10:50	12:30	Complex medical problems		
	10:50	11:10		Cardiac screening	Matthias WILHELM
	11:10	11:30		Concussions	Christopher NEWMAN
	11:30	11:50		RED-S	Anna MELIN (DK)
	11:50	12:10		Competitive Sport & Health: Hidden Issues	Gordon MATHESON
	12:30	13:30	LUNCH		
	13:30	15:10	Injury prevention		
	13:30	13:50		Injury prevention in youth : What is learned in the cradle is carried in the tomb	Evert Verhagen
	13:50	14:10		Injury prevention programs : The 11+ Kids Project	Mario BIZZINI
	14:10	14:30		Sports specialized training: What are the true effects and is it really all bad?	Neeru JAYANTHI
14:30	14:50		What is 'load' and how does it impact athletes' risk of injury?	Torbjorn SOLIGARD	
15:10	15:40	BREAK			
15:40	16:10	Free papers top 3			
16:10	18:00	Consensus/declaration session			TBD
18:00	18:15	Closing adress			TBD