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# SGSM/SSMS NEWSLETTER 2018/1

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## 1. Editorial

Dear SGSM/SSMS members,

2018 is now well underway and we are preparing a few news things for you this year.

The highlight will be our **2018 annual meeting** [www.sportsuisse2018.ch](http://www.sportsuisse2018.ch), which we are preparing together with the Swiss Sports Physiotherapy Association [Sportfizio \(SVSP/ASPS\)](http://www.sportfizio.ch).



A special event as we join forces to bring you a strong international speakers list. It will be held in Bern Expo, on November 15<sup>th</sup>-16<sup>th</sup>. The central focus will be on the **hip and groin** and additional topics will include discussion on **training load and recovery** in sports.

The registration is now open. We are expecting a strong international crowd as well, since the conference will be completely in English this year, don't wait too long to get your spot!

Boris Gojanovic, [@DrSportSante](https://twitter.com/DrSportSante)

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## 2. SGSMS/SSMS events and courses

- **Sportmed Tagung – Infiltrations in sports**, in Ittigen on Thursday, May 17<sup>th</sup> 2018 – [Program](#) and [registration](#).
- **SGSM/SSMS sports medicine curriculum – Meeting January 25th and next steps ?**

As announced at the SGSMS/SSMS conference last October in Interlaken, the SGSMS/SSMS board is planning and rethinking the concept of the courses for the training in sports medicine. The main focus is to introduce a new course reference book, to restructure the different courses and to introduce new teaching topics. Therefore, on January 25<sup>th</sup>, 2018, a meeting in Olten took place where the new concept was presented in detail. Close to 30 interested specialists of our field were present. Currently, applications as a new course organizer / leader are to be submitted until March 10<sup>th</sup>. For more information, please contact our secretary: [info@sgsm.ch](mailto:info@sgsm.ch)

## 3. Conferences and education in Switzerland, abroad & online

**In Switzerland** (Check out all events on [www.sgsm.ch/agenda](http://www.sgsm.ch/agenda)).

- [GOTS Schweiz Wintertreffen](#). Basel Unispital, March 1<sup>st</sup>. Various topics around the Olympic experience.
- [International Society for Snow Sports Medicine \(SITEMSH\) congress](#), Arosa, March 13<sup>th</sup> to 15<sup>th</sup>. Co-organized by SUVA and BFU, good line-up and topics.
- [RRMES Spring symposium – Sport et Extrême](#), in Villars-sur-Ollon (VD), Friday March 23<sup>rd</sup>. Special symposium followed by evening dinner and party.

### Abroad

- [Deutscher Olympischer Sportärzte Kongress](#). Hambourg, Germany, May 26<sup>th</sup> to 28<sup>th</sup>. [DGSP](#) and [GOTS](#) get together for this joint conference.
- [Isokinetic conference 2018.](#) "Football Medicine Outcomes". Barcelona, Spain, June 2<sup>nd</sup> to 4<sup>th</sup>. Literally in the stands of the legendary Camp Nou, a conference that feels like no other.
- [ISPRM 2018 – International Society of Physical and Rehabilitation Medicine](#). World congress in Paris, France, July 8<sup>th</sup> to 12<sup>th</sup>. Not a sports medicine event, but as our field gains in relevance to the non-athletic population, many topics could be of interest.

### Online

- [The Ultrasound site](#). Great resource from the UK for all of us interested in MSK ultrasound.
- [The Physioedge](#). Free sports physiotherapy webinars, high quality speakers, free access. Developed by David Pope [@Physioedge](#). Check out their [podcasts](#) as well.
- [University of Bath sports & exercise medicine masters](#) program. For doctors or physiotherapists. [Review of the program](#) in BJSM.

## 4. Links for the sports medicine practitioner

A few links that may be useful for your practice. If you find something interesting and would like to share it with our members, please forward directly to [boris.gojanovic@latour.ch](mailto:boris.gojanovic@latour.ch), with subject "newsletter".

- **[Mysportscience](#)**: Sports & exercise physiology + nutrition science by [Asker Jeukendrup](#). Infographics and reviews by one of the world's leaders in the field.
- **[What is CRPS – complex regional pain syndrome](#)**. Nice review on the Body in Mind website. Useful resource on chronic pain, lead by **Lorimer Moseley** (check out his [classic video](#)).
- **[The Football Medical Association \(FMA\)](#)**. The FMA's mission is to support the practice of medical and allied professions associated with (professional) football. Browse the website, lots of valuable information and links.
- **Top paper – [Recovery and performance in sports](#)**. In IJSPP. A consensus paper led by Michael Kellmann (along with Romain Meeusen), our 2 guest speakers from last year's fatigue session at SGSM conference.

## 5. Information on the Society

### The SGSM/SSMS certification examination

The SGSM/SSMS Exam took place on January, 13th in Luzern. It is based on a well-established protocol. 27 out of 29 participants passed the written exam, whilst 25 out of 27 participants passed the oral exam. Congratulations to all who passed their exam, and also a big thank you to the oral examination experts. For those who failed, there is the possibility to take the exam again in 2019.

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