

Event Emergency Medical Services Action Plan (EAP)

Location:

Event:

Date:

Prepared Documents for Medical Plan - Please Provide these to FIS Offices

- Map with Medical Station Locations
- Outline of Staff/Equipment/Supplies for each Station
- Team Information Booklet - should include all the information outlined on this plan with a local area map in addition to course specific maps, medical station locations and staffing capabilities

Local Medical Facilities

- Medical Clinic: _____ Contact Name: _____
Capabilities: _____ Telephone: _____
Location: _____ Directions from Course: _____
- Pharmacy (Location/Hrs/Phone): _____

Event On-Course Injury Protocol

- Medical Meeting(s) Time & Place: _____
- Event Medical Supervisor (Name/Phone): _____
- Base Medical Station (staffing/Equipment/supplies/capability)

- Course Medical Stations (personnel/Equipment/Capability)

- Event Course Evacuation Protocol**
 - Level I – Minor - Strains/Sprain

 - Level II/III – Moderate – Stable Concussion/Stable Fractures/Knee Ligament/Shoulder

 - Level IV Injuries – Life Threatening – Closed Head/Internal Trauma/Unstable

- Radio Communication Protocol:
- Ambulance Location: _____ Transport to: _____
- Helicopter Location(s): _____
- Trauma I Hospital: _____ Phone: _____
- Anti-Doping Control Station Location: _____

Planning for Event Medical Coverage Services Check-List

The safety of the competitors is the main concern of any event organizer at any level of ski and snowboard competition. The following represents some basic organizational details to be established and executed with regard to Medical coverage care of athletes competing in the event.

- ❑ Medical Clinic/Hospital/Trauma Center Availability - establish facilities and resources available to be involved in event:
 1. On site facility – Triage clinic/tent
 2. Nearest fully equipped facility (Clinic/Hospital), what are capabilities of this facility, ie., imaging, laboratory, physicians and hours of operation
 3. Nearest Trauma Center and capabilities – specific comments → language assistance if necessary?
 4. Evacuation Resources; ambulances, helicopter, etc
- ❑ Event Medical Supervisor - Establish primary medical person for the event who will direct and coordinate all medical services provided at the event. This individual should be competent in the following:
 1. Background in Emergency Medical Care, triage and evacuation procedures
 2. Good understanding of overall event production, the sport involved, the possible emergent situations that could arise
 3. Excellent understanding of operational procedures of all systems in coordination of medical coverage for events
- ❑ Event Evacuation Plan - Establish evacuation plan for injured athletes – detail sequence of this plan for Level I-IV type injuries from triage to clinic to trauma hospital if necessary.
- ❑ Communication Sequence/Radio protocol for all responders needs to be clearly outlined regarding 1st responders and decision protocol for helicopter transport.
 1. Organize on hill coverage in terms of 1st responders, event physicians and team physicians
 2. Typically, ski patrols are the 1st responders to triage on hill injury with back up of physicians in severe trauma accidents. They are the individuals in charge of the injury site. If they need assistance, they will call for back up.
 3. Event physicians are 1st-2nd responders depending on the severity of the accident. They should be ATLS qualified and well versed in medical emergencies and evacuation procedures. Generally, on event days, there are 1-2 stationed at top of course with one at the bottom so if one is needed in emergency, 1 remains at top for back up. Should a severe accident occur one of these physicians accompanies the athlete to the hospital
 4. Team Physicians are at events to work with athletes on their respective teams. They are available on hill to assist if asked with care of their athletes. They can be helpful in communication. Generally, the evacuation of an athlete off the course is the priority once stabilized - Ski Patrol are best trained for this process.
- ❑ In this organization, plan for several incidents to occur within one event so there is adequate back up if needed.

- ❑ Schedule - Determine training days as well as event days to be covered with emergency personnel and schedule accordingly. Outline clearly for teams the differences in triage, evacuation and follow up care between training days and event days.
- ❑ Infectious Disease Protocol – establish plan for infectious disease outbreak and outline information for team personnel.
- ❑ Emergency Action Plan (EAP) – Finalize the EAP for the event with map of courses to include medical stations staffing/equipment at each station to be included in the team information packets. If possible, this EAP should be sent to FIS offices by September annually.
- ❑ Event Medical Meeting for Team Personnel - Event Medical Supervisor for the Event should review the medical plan for the event at the initial team leader meeting for all coaches and team medical personnel. At this time, he should establish a specific medical meeting with all team physicians and/or medical personnel to review the medical plan in more detail on course. It is important that all teams and team medical personnel are comfortable with the plan and informed regarding the care of their athletes should an accident occur.
- ❑ ANY additional comments – regarding issues that may be specific or unique to this event location.