

A few interesting links

which you can access by scanning the QR-code.

Use an QR-scanning-app, example:

I-nigma

(download via GooglePlay or iTunes AppStore).

Enjoy!

Boris Gojanovic

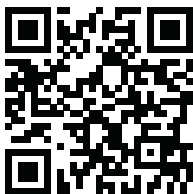
Hamstring injuries

An important sports medicine topic, one which we encounter on a weekly basis in practice or on the field. How to manage it has been the subject of the thesis of Gustaaf Reurink, which brought some excellent publications. Here is his thesis made publicly available:



Managing acute hamstring injuries in athletes
by Gustaaf Reurink

Publications



bye bye MRI?
Brit J Sports Med 2015;49(18):1162



bye bye PRP?
New Eng J Med 2014;370(26):2546



Systematic review for RTP.
Sports Med 2016 Jan 14 (Epub)

Femoroacetabular impingement

The Read for you section in this issue written by Dr Bonfanti is about the development of CAM deformities during maturation. Rintje Agricola has published important papers on the topic and his thesis is available to you:



The rise and fall of the hip
by Rintje Agricola



Publications
link to his papers on pubmed

Return to Play conference (Bern, November 2015)



This international conference brought experts together for the 1st time around return to play issues, and all videos are available online (and Youtube):
www.sportfisio.ch/rtp2015-videos-2/