

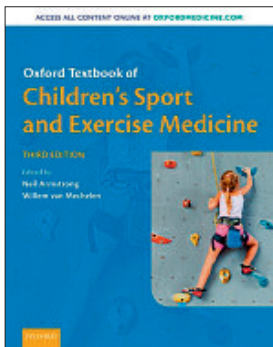
Oxford Textbook of Children's Sport and Exercise Medicine

Third edition, edited by Neil Armstrong and Willem van Mechelen

The recently published 3rd edition of the Textbook of Children's Sport and Exercise Medicine provides an excellent overview on the fundamental aspects of pediatric exercise medicine and sports science. This extensively revised 3rd edition consists of 50 chapters covering key aspects of physical activity in health and disease, training and exercise physiology and injury of the young athlete. The textbook provides an excellent overview for pediatricians, physiologists, exercise coaches and healthcare professionals involved in pediatric exercise science and medicine.

www.goo.gl/XaYGhJ
www.goo.gl/6QaTrL

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www.fit-4-future.ch/de/

The initiative “fit4future” is a school based program that aims to prevent physical inactivity, overweight, stress and aggressive behavior. Primary schools in Switzerland can apply for a three-year “fit4future” partnership to implement the concept at their school. Each school receives sports material and one key person at the school takes part in bi-annually education to spread the concept at the school. “fit4future” is scientifically supported to study the long-term effects of the program on children's lifestyle habits.

www.olympic.org/lausanne-2020

In 2020, Lausanne welcomes the third edition of the Winter Youth Olympic Games (January 10th to 22nd 2020). Save the date and be part of this unique experience.

Official website: <https://www.lausanne2020.com>

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